

# Wolf Motor Function Test™ (WMFT™)

## LIST OF TEST OBJECTS AND RELATED ITEMS FOR THE WMFT™©

The test objects and related items for the WMFT™ are listed below in the order in which they are used. Tasks should be administered with the subject seated in a standard chair at an appropriately sized desk or table (except for task 17 – done in standing) A laminated template should be secured to the tabletop or desktop. The template should be taped flush to the front edge of the table/desk and can be removed after testing.

### **Test Objects**

- Box (cardboard) – 10" (25.45 cm), 8" (20.3 cm) , 7" (17.8 cm) and 6" (15.2 cm)height. This represents approximate shoulder height
- Cuff Weight – 1 lb., with Velcro strap
- Cuff Weight – 20 lbs., with removable 1 lb. weight inserts
- Soft drink can – 12oz. unopened
- Pencil – 7 inch (17.8 cm) – colored and coated with plastic
- Checkers – three checkers of standard size
- Index cards – three cards of standard size
  - 3 inch (7.62 cm) x 5 inch (12.7 cm)
- Dynamometer – standard grip strength
- Lock and Key
  - Secured to a board that is placed at 45 degree angle.
  - Tumblers are set so the key moves through a 180 degree arc (only), with 90 degrees of that arc on either side of midline.
- Standard dish towel
  - 25 inch (63.5 cm) x 15 inch (38.10 cm)
- Plastic or wicker tote basket with handle approximately
  - Height: 15 inches (38.1 cm)
  - Width: 8.5 Inches (21.6 cm)
  - Length: 14 Inches (35.56 cm)

### **Related Items**

- Desk/Table – standard height, approximately:
  - Height: 29 inches (73.5 cm)
  - Width: 54 inches (137 cm)
  - Length: 30 inches (76 cm)
- Straight back chair without armrest
  - Seat height: 18 inches (45.7 cm)
- Template to be taped flush to the desk/table top to indicate test objects placement
- Talcum / baby powder
- Stopwatch