

Instrument Title: Sexual Self-Disclosure Questionnaire  
Instrument Author: Byers & Demmons  
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**B-12 In a relationship, partners may communicate with each other about what they like and dislike about their sexual interactions.**

**How much have you told your partner about:**

Think of your sexual relationship with your partner. For each question

below, circle the number that best describes how much you communicated

to your partner about **your** sexual likes and dislikes.

**3b. The way(s) you don't like having intercourse?**

NOTHING AT ALL

How much have you told your partner about:

1a. The way(s) you like to be kissed?

NOTHING AT ALL

4a. The way(s) you like receiving oral sex?

NOTHING AT ALL

1b. The way(s) you don't like being kissed?

NOTHING AT ALL

5a. The way(s) you like giving oral sex?

NOTHING AT ALL

2a. The way(s) you like to be touched sexually?

NOTHING AT ALL

5b. The way(s) don't like giving oral sex?

NOTHING AT ALL

2b. The way(s) you don't like being touched sexually?

NOTHING AT ALL

6a. What you like about the amount of variety in your sex life?

NOTHING AT ALL

3a. The way(s) you like to have intercourse?

NOTHING AT ALL

6b. What you don't like about the amount of variety in your sex life?

NOTHING AT ALL

1 2 3 4 5 6 7

1 2 3 4 5 6 7

1 2 3 4 5 6 7

1 2 3 4 5 6 7

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1 2 3 4 5 6 7

1 2 3 4 5 6 7

1 2 3 4 5 6 7

1 2 3 4 5 6 7

**B-12 In a relationship, partners may communicate with each other about what they like and dislike about their sexual interactions.**

Think of your sexual relationship with your partner. For each question below, circle the number that best describes how much **you** communicated to your partner about **your** sexual likes and dislikes.

How much have **you** told your partner about:

1a. The way(s) you **like** to be kissed?

NOTHING AT ALL  
1 2 3 4 5 6 7  
EVERYTHING

1b. The way(s) you **don't** like being kissed?

NOTHING AT ALL  
1 2 3 4 5 6 7  
EVERYTHING

2a. The way(s) you **like** to be touched sexually?

NOTHING AT ALL  
1 2 3 4 5 6 7  
EVERYTHING

2b. The way(s) you **don't** like being touched sexually?

NOTHING AT ALL  
1 2 3 4 5 6 7  
EVERYTHING

3a. The way(s) you **like** to have intercourse?

NOTHING AT ALL  
1 2 3 4 5 6 7  
EVERYTHING

How much have **you** told your partner

3b. The way(s) you **don't** like having

NOTHING AT ALL  
1 2 3 4

4a. The way(s) you **like** receiving oral

NOTHING AT ALL  
1 2 3 4

4b. The way(s) you **don't** like receiving

NOTHING AT ALL  
1 2 3 4

5a. The way(s) you **like** giving oral sex

NOTHING AT ALL  
1 2 3 4

5b. The way(s) **don't** like giving oral

NOTHING AT ALL  
1 2 3 4

6a. What you **like** about the amount of

NOTHING AT ALL  
1 2 3 4

6b. What you **don't** like about the amount

NOTHING AT ALL  
1 2 3 4