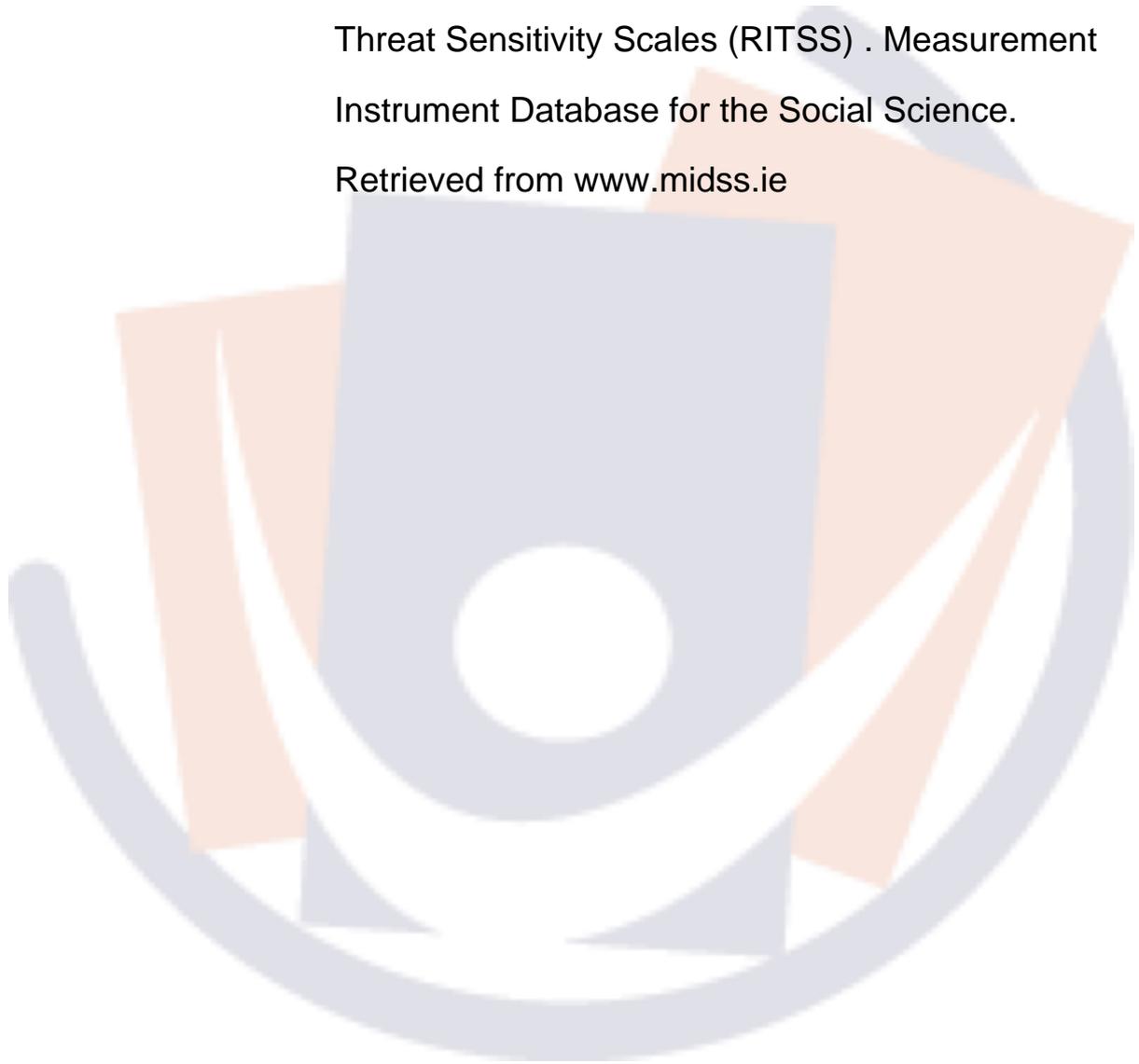Instrument Title: Relationship Incentive and Threat Sensitivity Scales (RITSS)

Instrument Author: Carver, C. S.

Cite instrument as: Carver, C. S. . (2013) . Relationship Incentive and Threat Sensitivity Scales (RITSS) . Measurement Instrument Database for the Social Science. Retrieved from www.midss.ie

RITSS

For each of the following items, indicate how much you agree or disagree with what the item says regarding your current romantic relationship or romantic partner.

Choose only one response to each statement. Please be as accurate and honest as you can be. Respond to each item as if it were the only item. That is, don't worry about being "consistent" in your responses. There are no right or wrong answers.

A = Very true for me
B = Somewhat true for me
C = Somewhat false for me
D = Very false for me

1. I go out of my way to be connected to my romantic partner.
2. Criticism or scolding from my romantic partner hurts me quite a bit.
3. When things are going well in my romantic relationship, it draws me to the relationship even more.
4. I feel worried or upset when I think or know my romantic partner is angry at me.
5. When I want something good to happen in my romantic relationship, I go all-out to make it happen.
6. If I think something unpleasant is going to happen in my romantic relationship I usually get pretty "worked up" and upset.
7. If I see a chance to have something good happen in my romantic relationship, I move on it right away.
8. I feel worried when I think I've acted poorly in my romantic relationship.
9. When I see an opportunity to enhance my romantic relationship, I get excited about doing it.
10. I worry about making mistakes in my romantic relationship.
11. When I see the possibility of something good happening in my relationship with my romantic partner, I try very hard to make it happen.

Note: There are no item reversals. All items are scored such that larger values indicate greater sensitivity. Relationship Incentive Sensitivity (RIS) averages the odd items. Relationship Threat Sensitivity (RTS) averages the even items.