

Instrument Title: Profile of Psychological Abuse of Women
Instrument Author: Sackett, L. and Saunders, D.
Cite instrument as: Sackett, L. and Saunders, D.. (2012) . Profile of Psychological Abuse of Women . Measurement Instrument Database for the Social Science.
Retrieved from www.midss.ie



PROFILE OF PSYCHOLOGICAL ABUSE OF WOMEN

Please show below how often you have experienced each of the behaviors from your partner by circling either "never", "less than once a month", "once a month", "2-3 times a month", "once a week", "2-3 times a week", or "daily". If you are not sure of the exact frequency, please give your best estimate. If you are no longer with a partner, answer as though it was your last time with him

HOW OFTEN DOES YOUR PARTNER:

1) Become angry if you want to be with someone else and not with him?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	-----------------------------	-----------------------	----------------------------	--------------

2) Ask that everything be done in an exact way?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	-----------------------------	-----------------------	----------------------------	--------------

3) Not let you have your mail or telephone calls?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	-----------------------------	-----------------------	----------------------------	--------------

4) Make you account for the time you spend away from him?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	-----------------------------	-----------------------	----------------------------	--------------

5) Ignore you when you start to talk?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	-----------------------------	-----------------------	----------------------------	--------------

6) Say you're crazy or stupid?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	-----------------------------	-----------------------	----------------------------	--------------

7) Become jealous of your friends, family or pets?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

8) Put you down if you cry or ask for emotional support?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

9) Tell you that you are worthless?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

10) Ask for detailed reports of your activities?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

11) Ignore your need for help when you're sick or tired?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

12) Tell you your cooking or cleaning is not right?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

13) Ridicule the things that you value most in yourself?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

14) Make critical comments about your work inside or outside the home?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

15) Check up on you throughout the day?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

16) Makes the TV, a magazine, the newspaper, or other people seem more important than you are?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

17) Threaten to hurt pets, friends, or relatives if you don't do what he wants?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

18) Call you names like "slut" or "whore"?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

19) Wrongly accuse you of having affairs?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

20) Refuse to do what was sexually satisfying for you?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

21) Discourage your plans or minimize your successes?

never (0)	less than once a month (1)	once a month (2)	2-3 times a month (3)	once a week (4)	2-3 times a week (5)	daily (6)
--------------	----------------------------------	---------------------	--------------------------	--------------------	-------------------------	--------------

Subscales: JC: 1, 3, 4, 7, 10, 15, 17, 19; I: 5, 8, 11, 16, 20; RT: 6, 9, 13, 18, 21; CB: 2, 12, 14

From: Sackett, L. A. & Saunders, D. G. (1999). The impact of different forms of psychological abuse on battered women. *Violence and Victims, 14*, 105-117.