

Pain Outcomes Questionnaire-VA: Follow-Up – Scoring Template

Pain:
Self-report of pain intensity. Item 6

Mobility: + + + =
Self-report of pain-related impairment in mobility. Item 7 Item 8 Item 9 Item 10 Total

Activities of Daily Living (ADL): + + + =
Self-report of pain-related impairment in completing ADLs. Item 11 Item 12 Item 13 Item 14 Total

Vitality: $30 - (\text{Item 16} + \text{Item 17} + \text{Item 18}) = \text{Total}$
Subjective sense of impairment in activity and energy levels. Item 16 Item 17 Item 18 Total

Negative Affect (NA): + + + + =
Self-report of dysphoric affect and associated symptoms. Item 15 Item 19 Item 20 Item 23 Item 24 Total

Fear: $(10 - \text{Item 22}) + \text{Item 21} = \text{Total}$
Pain-related fear and avoidance. Item 22 Item 21 Total

Total Score:
Sum of the five subscale scores. Total Score

POQ: Follow-Up Inpatient Sample Data (N=148)

%ile	Pain	ADL	Mobility	Vitality	NA	Fear	Total
1	1	0	0	3	1	0	20
10	3	0	9	13	7	2	48
25	5	0	15	15	14	6	65
50	7	5	24	18	26	10	84
75	8	15	33	23	35	12	104
90	9	23	38	25	40	15	125
99	10	38	40	29	48	18	164

POQ: Follow-Up Outpatient Sample Data (N=61)

%ile	Pain	ADL	Mobility	Vitality	NA	Fear	Total
1	0	0	0	5	0	0	16
10	3	0	5	8	3	1	26
25	4	1	14	15	9	8	64
50	6	4	23	19	22	11	77
75	7	10	31	22	31	15	104
90	8	23	36	25	40	17	126
99	9	35	40	28	50	20	140