

## Pain Outcomes Questionnaire- VA: Intake – Scoring Template

**Pain:**    
*Self-report of pain intensity.* Item 12

**Mobility:**  +  +  +  =    
*Self-report of pain-related impairment in mobility.* Item 18 Item 19 Item 20 Item 21 Total

**Activities of Daily Living (ADL):**  +  +  +  =    
*Self-report of pain-related impairment in completing ADLs.* Item 22 Item 23 Item 24 Item 25 Total

**Vitality:**  $30 - ( \text{input} + \text{input} + \text{input} ) = \text{input}$    
*Subjective sense of impairment in activity and energy levels.* Item 27 Item 28 Item 29 Total

**Negative Affect (NA):**  +  +  +  +  =    
*Self-report of dysphoric affect and associated symptoms.* Item 26 Item 30 Item 31 Item 34 Item 35 Total

**Fear:**  $(10 - \text{input}) + \text{input} = \text{input}$    
*Pain-related fear and avoidance.* Item 33 Item 32 Total

**Total Score:**    
*Sum of the five subscale scores.* Total Score

**POQ: Intake Inpatient Sample Data (N=466)**

%ile	Pain	ADL	Mobility	Vitality	NA	Fear	Total
1	3	0	0	8	1	0	31
10	5	0	12	14	11	4	60
25	6	1	19	18	19	10	77
50	7	8	28	22	29	12	97
75	8	18	35	25	37	16	121
90	9	28	40	28	44	18	138
99	10	40	40	30	50	20	170

**POQ – VA: Intake Outpatient Sample Data (N=240)**

%ile	Pain	ADL	Mobility	Vitality	NA	Fear	Total
1	2	0	0	2	0	0	2
10	5	0	12	14	8	5	51
25	6	1	18	17	15	10	71
50	7	7	25	21	27	13	97
75	8	21	35	24	36	17	120
90	9	29	39	28	42	19	145
99	10	40	40	30	50	20	173