

Pain Outcomes Questionnaire: Short Form - Scoring Template

Pain:
Self-report of pain intensity Item 2

Mobility: + + + =
Self-report of pain-related impairment in mobility Item 3 Item 4 Item 5 Item 6 Total

Activities of Daily Living (ADL): + + + =
Self-report of pain-related impairment in completing ADLs. Item 7 Item 8 Item 9 Item 10 Total

Vitality: $30 - ($ $+$ $+$ $) =$
Subjective sense of impairment in activity and energy levels. Item 12 Item 13 Item 14 Total

Negative Affect (NA): + + + + =
Self-report of dysphoric affect and associated symptoms. Item 11 Item 15 Item 16 Item 19 Item 20 Total

Fear: $(10 -$ $) +$ =
Pain-related fear and avoidance. Item 18 Item 17 Total

Total Score:
Sum of the five subscale scores. Total Score

POQ: Intake Inpatient Data (N=466)

%ile	Pain	ADL	Mobility	Vitality	NA	Fear	Total
1	3	0	0	8	1	0	31
10	5	0	12	14	11	4	60
25	6	1	19	18	19	10	77
50	7	8	28	22	29	12	97
75	8	18	35	25	37	16	121
90	9	28	40	28	44	18	138
99	10	40	40	30	50	20	170

POQ: Intake Outpatient Data (N=240)

%ile	Pain	ADL	Mobility	Vitality	NA	Fear	Total
1	2	0	0	2	0	0	2
10	5	0	12	14	8	5	51
25	6	1	18	17	15	10	71
50	7	7	25	21	27	13	97
75	8	21	35	24	36	17	120
90	9	29	39	28	42	19	145
99	10	40	40	30	50	20	173