

Instrument Title: Imposterism Scale

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Impostorism Scale

(Leary, Patton, Orlando, & Funk, 2000)

Read each of the following statements carefully and indicate how characteristic it is of you using the following scale:

- 1 = **Not at all** characteristic of me.
- 2 = **Slightly** characteristic of me.
- 3 = **Moderately** characteristic of me.
- 4 = **Very** characteristic of me.
- 5 = **Extremely** characteristic of me.

- _____ 1. Sometimes I am afraid I will be discovered for who I really am.
- _____ 2. I tend to feel like a phony.
- _____ 3. I'm afraid people important to me may find out that I'm not as capable as they think I am.
- _____ 4. In some situations I feel like an imposter.
- _____ 5. Sometimes I'm afraid others will discover how much knowledge or ability I really lack.
- _____ 6. In some situations I feel like a "great pretender"; that is, I'm not as genuine as others think I am.
- _____ 7. In some situations I act like an imposter.