

Instrument Title: The Hypersensitive Narcissism Scale (HSNS)
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HSNS

Please answer the following questions by deciding to what extent each item is characteristic of your feelings and behavior. Fill in the blank next to each item by choosing a number from the scale printed below.

1 = very uncharacteristic or untrue, strongly disagree

2 = uncharacteristic

3 = neutral

4 = characteristic

5 = very characteristic or true, strongly agree

- ___ 1. I can become entirely absorbed in thinking about my personal affairs, my health, my cares or my relations to others.
- ___ 2. My feelings are easily hurt by ridicule or the slighting remarks of others.
- ___ 3. When I enter a room I often become self-conscious and feel that the eyes of others are upon me.
- ___ 4. I dislike sharing the credit of an achievement with others.
- ___ 5. I feel that I have enough on my hands without worrying about other people's troubles.
- ___ 6. I feel that I am temperamentally different from most people.
- ___ 7. I often interpret the remarks of others in a personal way.
- ___ 8. I easily become wrapped up in my own interests and forget the existence of others.
- ___ 9. I dislike being with a group unless I know that I am appreciated by at least one of those present.
- ___ 10. I am secretly "put out" or annoyed when other people come to me with their troubles, asking me for my time and sympathy.