

Instrument Title: Fragility of Happiness Scale
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The fragility of happiness scale

Joshanloo, M., Weijers, D., Jiang, D.-Y., Han, G., Bae, J., Pang, J., et al. (in press). Fragility of Happiness Beliefs Across 15 National Groups. *Journal of Happiness Studies*.

For each of the following, please rate the extent to which you agree with each statement, using the scale from 1 to 7 as shown below.

1	2	3	4	5	6	7
Strongly disagree	Somewhat disagree	A little disagree	Neither Agree or Disagree	A little agree	Somewhat agree	Strongly agree

1. Something might happen at any time and we could easily lose our happiness	1	2	3	4	5	6	7
2. Happiness is fragile.	1	2	3	4	5	6	7
3. It is likely that our happiness could be reduced to unhappiness with a simple accident.	1	2	3	4	5	6	7
4. There is only a thin line between happiness and unhappiness.	1	2	3	4	5	6	7