Instrument Title: Fragility of Happiness Scale
Instrument Author: Mohsen Joshanloo
The fragility of happiness scale


For each of the following, please rate the extent to which you agree with each statement, using the scale from 1 to 7 as shown below.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strongly disagree</td>
<td>Somewhat disagree</td>
<td>A little disagree</td>
<td>Neither Agree or Disagree</td>
<td>A little agree</td>
<td>Somewhat agree</td>
<td>Strongly agree</td>
</tr>
</tbody>
</table>

1. Something might happen at any time and we could easily lose our happiness
2. Happiness is fragile.
3. It is likely that our happiness could be reduced to unhappiness with a simple accident.
4. There is only a thin line between happiness and unhappiness.

1 2 3 4 5 6 7