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CEI-T

Using the scale shown below, please respond to each of the following statements according to how you would usually describe yourself. There are no right or wrong answers.

1 2 3 4 5 6 7

Strongly Disagree Neither Agree Strongly Agree

Agree nor Disagree

- _____ 1. I would describe myself as someone who actively seeks as much information as I can in a new situation.
- _____ 2. When I am participating in an activity, I tend to get so involved that I lose track of time.
- _____ 3. I frequently find myself looking for new opportunities to grow as a person (e.g., information, people, resources).
- _____ 4. I am *not* the type of person who probes deeply into new situations or things.
- _____ 5. When I am actively interested in something, it takes a great deal to interrupt me.
- _____ 6. My friends would describe me as someone who is “extremely intense” when in the middle of doing something.
- _____ 7. Everywhere I go, I am out looking for new things or experiences.

Notes. Item 4 is reverse-scored before summing; to reduce potential subject error, we suggest that “*not*” be italicized. Items 1, 3, 4, and 7 refer to the Exploration subscale and items 2, 5, and 6 refer to the Absorption subscale.