

## Cancer Treatment Scale (CaTS)

### Before Treatment

- We would like to know how you have been feeling since being told about your upcoming treatment for cancer. This information will allow us to improve the way in which patients in your situation are treated.
- Please think about what hospital staff have done to help you cope better in this time before your treatment.
- Please circle the number between 1 and 5 that describes *the extent to which you agree with each of the following statements*.

I would find it helpful if I received more assistance to cope with my:	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>In Between</u>	<u>Agree</u>	<u>Strongly Agree</u>
• worries about the treatment	1	2	3	4	5
• uncertainty about what will happen during treatment	1	2	3	4	5
• worry that something might go wrong during or after treatment	1	2	3	4	5
I would find it helpful if I received more assistance to cope with my worries that the treatment might:	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>In Between</u>	<u>Agree</u>	<u>Strongly Agree</u>
• make breathing difficult	1	2	3	4	5
• make me feel sicker	1	2	3	4	5
• make me really tired	1	2	3	4	5
• be physically unpleasant	1	2	3	4	5
• be uncomfortable	1	2	3	4	5
• make me lose my hair	1	2	3	4	5
• give me mouth ulcers	1	2	3	4	5
• make me constipated	1	2	3	4	5
• give me diarrhoea	1	2	3	4	5
• affect my sexuality	1	2	3	4	5
• make me feel depressed	1	2	3	4	5
I would find it helpful if I received more information about:	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>In Between</u>	<u>Agree</u>	<u>Strongly Agree</u>
• things I can do to feel more in control during treatment	1	2	3	4	5
• the things I should do before treatment	1	2	3	4	5
• where to go in the hospital for treatment	1	2	3	4	5
• what the step by step process of treatment is	1	2	3	4	5
• how the treatment will feel when I have it	1	2	3	4	5
• the things I shouldn't do during treatment	1	2	3	4	5
• sensations or experiences during treatment that I should discuss with the people providing my treatment.	1	2	3	4	5
• possible side-effects of treatment	1	2	3	4	5
• how to manage any side effects	1	2	3	4	5
• what things I can and can't do following treatment	1	2	3	4	5
• what are abnormal sensations following treatment	1	2	3	4	5