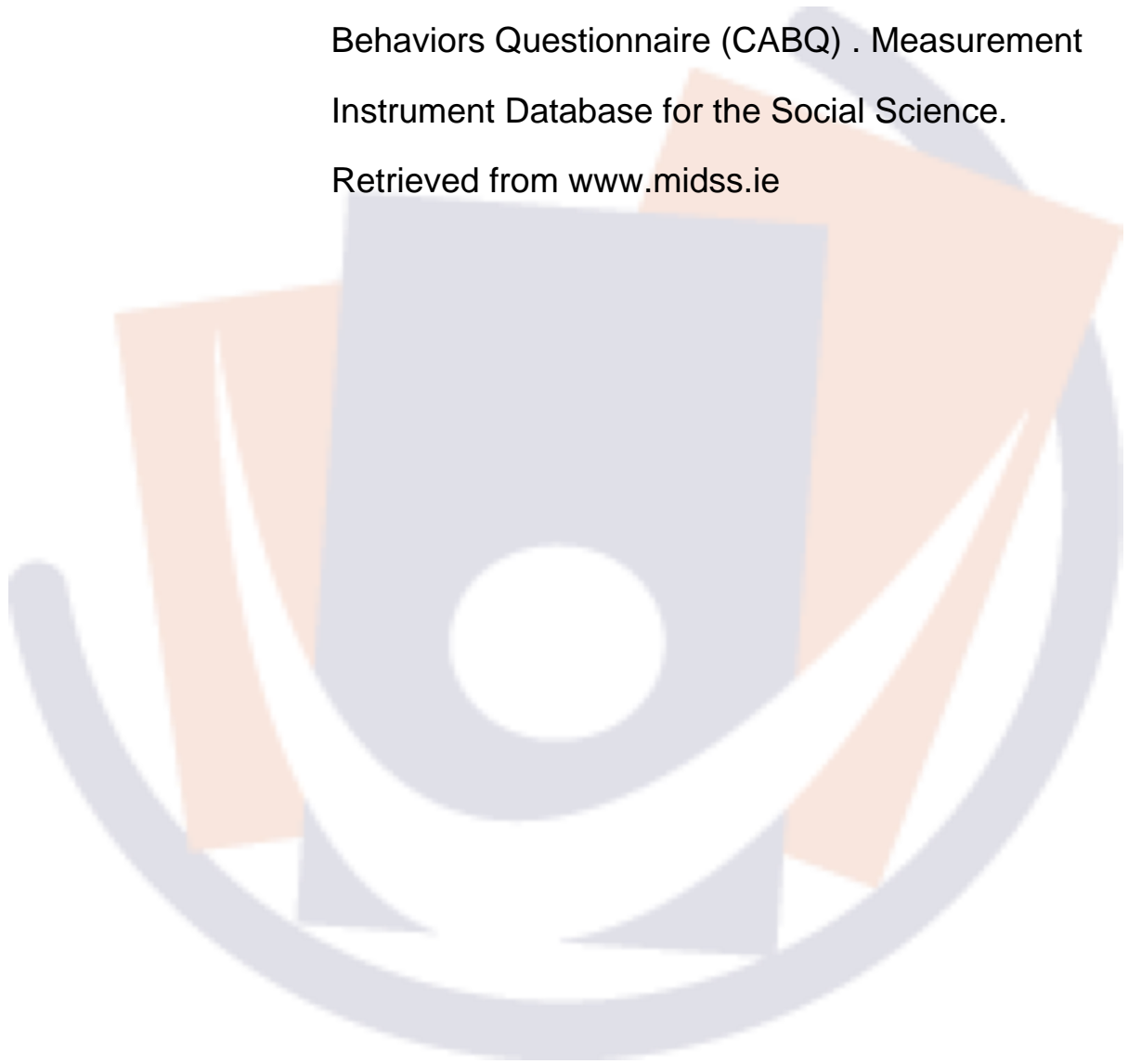


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## College Activities and Behaviors Questionnaire

Within the last week, how **MANY TIMES** have you done each of the following:

1. Number of times exercised strenuously \_\_\_\_
2. Number of times had difficulty falling asleep \_\_\_\_
3. Talked on the phone to one or both parents \_\_\_\_
4. Talked on the phone to old friends who are not at your college \_\_\_\_
5. Visited a physician or the student health center for illness \_\_\_\_
6. Ate far too much at one meal \_\_\_\_
7. Had a heart-to-heart talk with someone here at college \_\_\_\_
8. Attended a meeting of an organization (e.g., church, fraternity) \_\_\_\_
9. Studied \_\_\_\_
10. Thought about dropping out of college \_\_\_\_
11. Talked or corresponded with an old girlfriend or boyfriend \_\_\_\_
12. Made a new friend \_\_\_\_
13. Received a traffic ticket (including parking violation) \_\_\_\_
14. Written down your deepest thoughts and feelings \_\_\_\_

In the last week, how many of the following have you consumed:

- |   |                                       |
|---|---------------------------------------|
| 15. Alcoholic beverages ____            | 16. Doses of prescribed drugs ____    |
| 17. Cigarettes ____                     | 18. Doses of nonprescribed drugs ____ |
| 19. Cups of coffee ____                 | 20. Snacks with sugar ____            |
| 21. Aspirin or other pain reliever ____ | 22. Vitamins ____                     |

Sex \_\_\_\_\_ Age \_\_\_\_\_ Year in College \_\_\_\_\_

Marital status \_\_\_\_\_ Number of hours currently taking \_\_\_\_\_