Instrument Title: Need to Belong Scale
Instrument Author: Leary, M. R.
Need to Belong Scale
(Leary, Kelly, Cottrell, & Schreindorfer, 2005)

Instructions: For each of the statements below, indicate the degree to which you agree or disagree with the statement by writing a number in the space beside the question using the scale below:

1 = Strongly disagree
2 = Moderately disagree
3 = Neither agree nor disagree
4 = Moderately agree
5 = Strongly agree

_____ 1. If other people don't seem to accept me, I don't let it bother me.
_____ 2. I try hard not to do things that will make other people avoid or reject me.
_____ 3. I seldom worry about whether other people care about me.
_____ 4. I need to feel that there are people I can turn to in times of need.
_____ 5. I want other people to accept me.
_____ 6. I do not like being alone.
_____ 7. Being apart from my friends for long periods of time does not bother me.
_____ 8. I have a strong need to belong.
_____ 9. It bothers me a great deal when I am not included in other people's plans.
_____ 10. My feelings are easily hurt when I feel that others do not accept me.