Instrument Title: Costs and Benefits of Friendship
Instrument Author: Bleske, A.L., & Buss, D.M.

Costs/Benefits of Friendships (7 point scale, *Not at all* to *Somewhat* to *Very*)

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<th>How Beneficial?</th>
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26. He took advantage of my girlfriend while I was away.
27. I gave up my time to help him, no matter how busy I was.
28. He went out to dinner with me.
29. There was the possibility of a future relationship beyond friendship.
30. My self-esteem went down when I was with him because he was so physically attractive.
31. He saw me as “just a friend.”
32. I had a say in who he had sex with.
33. He gave me sexual pleasure if I was stressed.
34. He paid for me when we went out.
35. He had sex with a lot of girls.
36. I loaned him money.
37. He gave me good advice about girls.
38. He denied me sex.
39. He wanted to date me, but I didn’t want to date him.
40. He had a girlfriend.
41. He told me if I was not good enough for a certain girl.
42. He helped me understand the opposite sex.
43. I paid for him when we went places.
44. My lust for him interfered with my ability to be friends with him.
45. He told me what women want and like in a romantic partner.
46. I discouraged him from having sex with other girls.
47. He didn’t want to be my girlfriend.
48. He gave me advice on how to attract women.
49. We are confused about our feelings for one another.
50. I got an idea of what girls want by hanging out with him.
51. He made public jokes at my expense.
52. He made my girlfriend jealous.
53. I was in love with him, but he was not in love with me.
54. He used to flirt with my girlfriend.
55. I was jealous of the other girls in his life.
56. He talked about other girls to make me jealous.
57. I felt like I had to hide our friendship from my girlfriend.
58. ______ ______ He helped me meet other girls.
59. ______ ______ My pressuring him for sex led to a lessening of our friendship.
60. ______ ______ My girlfriend tried to compete with him.
61. ______ ______ He set me up with women.
62. ______ ______ I didn’t let him have sex with other women.
63. ______ ______ It was hard to determine whether we were going to stay friends or move on to a romantic relationship.
64. ______ ______ He would have made a great girlfriend if we had decided to date.
65. ______ ______ He dated a girl that I liked.
66. ______ ______ He ran errands for me.
67. ______ ______ He didn’t see me as more than “one of the guys.”
68. ______ ______ He scared away other girls from talking to me.
69. ______ ______ He made me feel wanted by the opposite sex.
70. ______ ______ I felt bad talking to other girls when I was around him.
71. ______ ______ He told me which women I could and could not attract.
72. ______ ______ I could tell him everything, even things I couldn’t tell my girlfriends.
73. ______ ______ He had sexual intercourse with my friends.
74. ______ ______ People treated me with respect because I was his friend.
75. ______ ______ It was harder for me to meet new girls when he was around.
76. ______ ______ He was popular.
77. ______ ______ I could not reciprocate the feelings he had for me.
78. ______ ______ He was respected by other people.
79. ______ ______ He was a ready-made date.
80. ______ ______ It annoyed me that he wouldn’t have sex with me.
81. ______ ______ Others liked me because I hung out with him.
82. ______ ______ He was everything I could ask for in a girlfriend.
83. ______ ______ He belittled me in front of others.
84. ______ ______ It was difficult to meet his friends because others thought I was dating him.
85. ______ ______ He made fun of me in public.
86. ______ ______ He boosted my self-esteem.
87. ______ ______ I kept him from having sex with anyone but me.
88. ______ ______ He boosted my ego.
89. ______ ______ His girlfriend got jealous of the time I spend with him.
90. ______ ______ We competed to attract women.
91. ______ ______ He helped my feel more confident in romantic relationships.
92. ______ ______ We talked about the details of each other’s sex life.
93. ______ ______ He wouldn’t allow me to date his friends.
94. ______ ______ He made me feel attractive to the opposite sex.
95. ______ ______ I felt unattractive in comparison to him.
96. ______ ______ His girlfriend paid more attention to him when I spent a lot of time with him.
97. ______ ______ He made me feel insecure about my worth.
98. ______ ______ He was somebody that I used sexually.
99. ______ ______ He liked the same women that I did.
100. ______ ______ I wanted to date him, but he didn’t like me in that way.
101. ______ ______ I felt guilty if I talked about other women around him.
102. ______ ______ I got confused over the status of our relationship.
103. ______ ______ He watched over me in any situation.
104. ______ ______ We went out together to meet women.
105. ______ ______ He had sex with too many girls.
106. ______ ______ He told me which women would like me or not.
107. ______ ______ He ignored me when I said I didn’t want to date him.
108. ______ ______ He did not want to be more than friends.
109. ______ ______ I could talk to him about anything.
110. ______ ______ We had sexual intercourse.
111. ______ ______ He was clean-cut, respectable to hang out with.
112. ______ ______ He could talk about everything and anything with me.
113. ______ ______ Our feelings for each other got in the way of the friendship.
114. ______ ______ He arranged for me to go on dates with his friends.
115. ______ ______ He told me when my girlfriends weren’t good enough for me.
116. ______ ______ He looked down on me.